

Morrison Youth Baseball & Softball (MYBS)

Concussion Policy

Purpose: Concern about our player well-being is of utmost importance to MYBS. Athletic activities such as baseball and softball involve risks and dangers of injury and accidents may occur sometimes without fault. Available medical assistance may vary from venue to venue. MYBS recognizes that the potential for harm from concussions is a serious matter. While some accidents and even concussions may occur, the basis for our Concussion Policy is based upon trying to limit the potential harm, which could result from continued participation after such an injury.

Description: Where there is reasonable cause to believe that a concussion may have occurred, such participant should not be allowed to continue his/her participation in an MYBS event / activity without a medical release to resume such participation.

MYBS recommends all of its coaches avail themselves to the Center for Disease Control's (CDC) Head's Up program. Coaches and other club leaders can take a free on-line course that will provide important information in the recommendation and decision-making in handling situations that may involve concussion injuries. This course will only take approximately 30 minutes of your day. The course may be found at:

<http://www.cdc.gov/headsup/youthsports/training/index.html>

The CDC also has downloadable handouts for athletes and their parents.

- for Parents: <http://www.cdc.gov/headsup/parents/index.html>
- for Young Athletes: <http://www.cdc.gov/headsup/youthsports/athletes.html>

HEADS UP Concussion in Youth Sports Program App:

http://www.cdc.gov/headsup/resources/app.html?s_cid=headsup_govd100